



**Hospitals and Institutions Subcommittee
Washington Northern Idaho Region
of Narcotics Anonymous
Meeting Agenda
7.15.23 @10am**



Open with a moment of silence and the Serenity Prayer

12 Traditions

12 Concepts

Vision of NA Service

Chair -	x
Vice Chair -	x
Secretary -	ab
Blue Mountain	ab
Central	ab
Chelan & Douglas Counties	ab
Everett	x
Grays Harbor	ab
Greater Cascade Loop	x
Jefferson County LSC	ab
Lower Columbia Basin	x
NE Washington (NEWANA)	x
North Olympic Area	ab
Northeast Oregon Area	x

NW Washington Service Committee	ab
Pierce County	ab
Seattle	x
South King County	x
South Puget Sound	x
SW Washington	x
The Lewis County	ab
Tri-Cities	x
West Puget Sound	ab
WSFR	x
DOC Facility Coordinator	x

Secretary: Introductions and Attendance
Summary/approval of last quarter minutes

Officer Reports:

Chair: Since April RSC my regional service energy bank has been spent on co-chairing the PR Learning Days committee. We are SO EXCITED to throw a fabulous event at the end of the month. It has been a steep learning curve to shift into event-planning and also a wonderful bonding experience for the PR admin. We are grateful for the support and collaboration with the WPS area activities committee. Following the event, we intend to draft a motion and revise the LD guidelines to align more supportively with the benefits of having both the PR admin AND an area activities committee on the LD event planning committee going forward.

I met virtually with H&I members in WPSNA who are getting a program similar to AA's Bridging the Gap up and running in their area. They are calling the program Beyond the Bars and there are pink pamphlets available with more info. Many of these members were incarcerated previously and benefited from WSFR and H&I panel members and are now giving back. They are seeking to create a formal subcommittee that supports new members as they transition out of prison and into their first outside NA meeting. One of the leaders of this group, Clint, will be speaking at the H&I workshop at LD 2023, along with our RSC H&I VC, Joe A.

An ad hoc of RSC H&I members will meet between now and January's RSC to update our subcommittee guidelines. The PI Chair, Kelly, and I just booked out airfare for WSLD in November and we are stoked to be of service in this way again soon.

VC: new to position here since last quarter, speaking at Learning Days

Secretary: ab

Area Chair Reports: Submit to the Secretary

- How to submit electronic **area H&I reports**
- How to submit electronic **LITERATURE ORDERS** fulfilled by RSC H&I budget

Old Business:

- Learning Days is in 2 weeks July 28-29! *flyers*
- Guidelines revision ad hoc: pushed out a quarter due to LD execution
 - send around a list of names/emails of anyone interested (August-Dec)

New Business:

- **Rob, WSRF report**
 - We are receiving about 10 to 15 letters a month. There is an increase from local institutions. I have had 2 meetings with West Puget Sound that has created a new committee connecting inmates that are going to be released to the NA fellowship like "Bridging the Gap". They are picking our brains to better serve NA members being released into society. We are doing a presentation at the Regional Service-Learning Days. We have a new Working Steps for Recovery behind the walls webpage. The Western States Zonal Forum website has a link to our WSRFBTW webpage as well as links to other WSRFBTW committees in our Zone. I have hotel reservations for Western Service-Learning Days in November. I am working overtime tonight so I will attend H&I if I am up in time. If not, I will give this report at PR.
- **Logan, DOC Project updates**
 - I have been perusing Colorado's NA page in search of their DOC coordinators information to re engage. Ashley had given me her info previously and it's been filed incorrectly.
 - I have called the help line there with no success and will continue to research other options through World Services and through other California service groups.
 - There has been concern brought to our attention for the reorienting of people coming out of prisons. I have been in communication with Work Release and local work placement services utilized by the residents of the Work Release programs. There is available to the employer, trade service, and specialty manufacturer a federal training program that allows a trade or service organization the assistance of having the government cover the wages of a new hire during a 90 training period. This program continues to cover half wages through the following 60 days (aprox) through to permanent hire. This Federally funded program is at no cost to the employer.
 - If an employer qualifies first through the State Work Source and requests that these new recruits be from local Work Release offices, the Prisons Work Release residential facilities could

request, system wide, the placement of releasees who are interested in career opportunities in a vast arena of job placement opportunities.

- We can meet the peoples need for support at the door through panels, local NA support, meeting ip's, and a hug.
- This, from personal experience, is doable.

- **Clint, Beyond the Bars (WPSNA)**

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- **Guidelines Revision ad hoc sign up**

- Tiffany M- SPS, hi_vicechair@spsna.org

- **Topic: panel speaker going into a panel "alone" when leader doesn't show up and was not treated well in sub committee meeting**

- someone with lots of clean time and experience "dropping bombs" and not really participating as a member
- suggestions: formalized grievance process vs how it was handled, refer to guidelines, group inventory, "point of interest" announcement/moment of silence/"come back to order" and boundary to get tensions down

- **Topic: what to prioritize in an area starting services back up**

- suggestions: orientations at homegroups, group inventory, spirit of rotation w/positions, recruit more service members by individually targeting them, literature order through rsc h&i, under committ and over deliver, virtual panels to offset travel/distance issue w/rotating in-person panel less often, guidelines revision, bring members with 90 days to shadow/observe panels, attend other H&I area meetings

- **Topic: equitable/inclusive practices for identification of newcomer audiences (gender, race, age)**

- tabled until next quarter

- **Topic: how to address principles before personalities issues**

- poor closure when leaving a position (etiquette?) and assumptions
- suggestions: guidelines revision, orientation blurb, responsibility to show up or find a replacement/communicate change of plans

Close @ 12:00pm.

Reports:

Your Name: Sharyl Brown

Your Email: b_sharyl@yahoo.com

Report Date: 2023-07-15

Your Area: Northeast Washington

Your Position: H & I Chair

Number of correctional facility meetings held: 2

Number of treatment center meetings held: 12

Number of detox center meetings held: 4

Number of other meetings: 0

Number of facilities supported with literature only: 8

Facility Name / Meeting per Month / Length of time facility has been served: The time facilities have been served is unknown. I will look into this information.

Treatment Centers

Isabella House / 2 meetings a month

Sun Ray Court / 2 meetings a month

Pioneer Center East / 2 meetings a month

SPARC Men's / 2 meetings a month

SPARC Women's / 2 meetings a month

Detox Facilities

Spokane Regional Stabilization (SRSC) / 2 meetings a month

Sequoia Detox / 2 meetings a month

Royal Life Detox / 2 meetings a month

Correctional Facility

Orofino State Prison / 2 meetings a month

Airway Heights Prison / not held at this time

Airway Heights Camp/ not held at this time

Do you have a literature request?: No

If yes, have you filled out your literature request form? No

Have you requested literature in the past year: No

If Yes have you filled out your literature tracking form: No

Current Projects or activities: American Behavioral Health has requested panels. We are working towards moving forward with this.

We are encouraging Public Relations Committee members to complete the applications/background checks for Airway Heights Prison panels so that we can move forward with returning to the prison. At this time, we do not have enough approved members to attend.

Problems or situations: As new public relations committee members were attending panels, there was more clarification needed regarding appropriate terms and language to use in the panels. Our solution to this issue is to have a quick review of "dos and don'ts" from orientation prior to each panel.

How can regional H&I support you?:

Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: Alano Club

[1700 W 7th Ave, Spokane WA 99204](#)

Last Saturday of every month

Orientation @ 11 am

Committee Meeting @ 11:30 am

The next committee meeting is July 29th

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics: Thank you for supporting me as I learn. Please let me know if there is anything additional I should be doing or reporting.

Your Name: Mike B

Your Email: mjbharley1@gmail.com

Report Date: 2023-07-15

Your Area: Tri-Cities

Your Position: H&I Chair

Number of correctional facility meetings held: 3

Number of treatment center meetings held: 0

Number of detox center meetings held: 0

Number of other meetings: 0

Number of facilities supported with literature only: 4

Facility Name / Meeting per Month / Length of time facility has been served: Benton County Jail/webex:

Women: 2x's weekly

Benton County Jail/webex: Men; in process/pending.

Franklin County/webex: Women, 1x's weekly

Franklin Count webex: Men; 1x weekly

Coyote Ridge State Prison/in-person: bi-weekly, expanding.

Powerhouse Residential Program in-person (Men's & Women's) in process/pending.

Do you have a literature request?: No

If yes, have you filled out your literature request form? No

Have you requested literature in the past year: No

If Yes have you filled out your literature tracking form: No

Current Projects or activities: Recent PRC Learning Days

Recent PRC Spiritual Breakfast

Problems or situations: Lack of volunteers to meet all the facilities needs, doing the best we can; announcements made at daily meetings.

How can regional H&I support you?: Not sure, open to suggestions.

Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: Monthly H&I meeting prior to monthly PRC meeting.

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics: note sure, open to suggestions.

Your Name: Brian B

Your Email: rcm@swanaonline.org

Report Date: 2023-07-15

Your Area: Southwest Washington

Your Position: RCM 1

Number of correctional facility meetings held: 1

Number of treatment center meetings held: 3

Number of detox center meetings held: 0

Number of other meetings: 0

Number of facilities supported with literature only:

Facility Name / Meeting per Month / Length of time facility has been served: Lifeline Connections Men's / Weekly / Unknown.

Lifeline Connections Women's / weekly / Unknown.

Daybreak children's facility / Bi-weekly / Unknown.

Larch Mountain Correctional Facility / weekly / unknown.

Do you have a literature request?: No

If yes, have you filled out your literature request form? No

Have you requested literature in the past year: No

If Yes have you filled out your literature tracking form: No

Current Projects or activities: Currently working with Clark county jail to accept applications for entry.

Problems or situations: Larch mountain correctional facility might be closing and attracting members to be of service on panels.

How can regional H&I support you?: I will check in with our area H&I chair to see how we can be helped.

Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: 9am the second Sunday of each month at [13413 NE Leroy Haagen Memorial Dr. Vancouver WA](#)

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics: Obtaining literature from regional H&I to help out area H&I committees.

Your Name: Elisha

Your Email: prchair@pcana.org

Report Date: 2023-07-15

Your Area: Pierce County

Your Position: Acting chair

Number of correctional facility meetings held: 0

Number of treatment center meetings held: 5

Number of detox center meetings held: 4

Number of other meetings: 1

Number of facilities supported with literature only:

Facility Name / Meeting per Month / Length of time facility has been served: These are weekly meetings totals. Correctional facilities are currently not open, however should be soon. We have been collaborating with skc who brings a Panel to one of our facilities every month. We have seen clients from these facilities making it to our meetings.

Do you have a literature request?: No

If yes, have you filled out your literature request form? No

Have you requested literature in the past year: No

If Yes have you filled out your literature tracking form: No

Current Projects or activities: Setting up to get back into Purdy woman's Correctional and Rehman hall, both state facilities that require background checks to meet state requirements. So we have enough people ready and able to meet the panel needs

Problems or situations: None, could always use more people to be of service

How can regional H&I support you?: Not at this time

Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: 3rd Wednesday every month

South hill Baptist church, Puyallup Washington

At 7pm. See pcana.org for map and address

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics:

Your Name: Breeanna matti

Your Email: breeanna.matti@comcast.net

Report Date: 2023-07-15

Your Area: Everett

Your Position: Chair

Number of correctional facility meetings held: 2

Number of treatment center meetings held: 3

Number of detox center meetings held: 1

Number of other meetings: 1

Number of facilities supported with literature only: 4

Facility Name / Meeting per Month / Length of time facility has been served:

Do you have a literature request?: No

If yes, have you filled out your literature request form? No

Have you requested literature in the past year: No

If Yes have you filled out your literature tracking form: No

Current Projects or activities: I am working with denny youth, Marysville jail, and providence detox to get meetings started/restarted at those facilities. There has been a holdup with denny and the jail due to figuring out the vetting process. We have started supporting Holman recovery with literature only for now as they already have an open meeting held there weekly.

Problems or situations: We had a situation where a newcomer did a panel alone because the panel leader no showed and will continue to go over that in orientation's and reiterate how important it is to not go in alone for panels.

How can regional H&I support you?: I think we are well supported

Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: Bethel Baptist church the 4th Thursday of the month 6pm for orientation 6:30 for the meeting.

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics:

Your Name: Joe A

Your Email: kingjoe206@gmail.com

Report Date: 2023-07-15

Your Area: Seattle

Your Position: Seattle h&I chair

Number of correctional facility meetings held: 0

Number of treatment center meetings held: 50

Number of detox center meetings held: 0

Number of other meetings:

Number of facilities supported with literature only:

Facility Name / Meeting per Month / Length of time facility has been served: Lakeside/4-5
Turning Point/4-5
Recovery Place/4-5
Seamar Youth/4-5
Northpoint/4-6

Do you have a literature request?: No
If yes, have you filled out your literature request form? No
Have you requested literature in the past year: No
If Yes have you filled out your literature tracking form: No

Current Projects or activities: We started doing scheduled in-meeting orientations
Problems or situations:
How can regional H&I support you?:
Does your committee have regularly scheduled orientations: Yes
When and where is your subcommittee meeting: Last Sunday 1:15 pm
Recovery Cafe
2022 Boren Ave
Seattle
Does your committee have guidelines: Yes
Questions, Comments or Open Discussion topics:

Your Name: Crystal M
Your Email: hi_chair@spsana.org
Report Date: 2023-07-14
Your Area: South Puget Sound
Your Position: Chair

Number of correctional facility meetings held: 3
Number of treatment center meetings held: 2
Number of detox center meetings held: 1
Number of other meetings: 1
Number of facilities supported with literature only: 1
Facility Name / Meeting per Month / Length of time facility has been served: 1. Thurston County Jail- mens and women's every Tuesday
2. Washington Correction Center-men's prison every Tuesday
3. NW resources, every Friday, men's inpatient treatment center.
4. Harvest Home, women's inpatient treatment center. Every Monday on zoom
5. Supreme Living, men's mental health, inpatient, twice a month.
6. Royal life, center, detox center, every Tuesday.

Do you have a literature request?: No
If yes, have you filled out your literature request form? No
Have you requested literature in the past year: No
If Yes have you filled out your literature tracking form: No

Current Projects or activities: We are looking forward to learning days.
Problems or situations: None
How can regional H&I support you?: n/a
Does your committee have regularly scheduled orientations: Yes
When and where is your subcommittee meeting: 62 E. Lynch Rd., Shelton, WA 98584
Taylor Station, Restaurant
The first Thursday of every month at 6:00 PM
Does your committee have guidelines: Yes
Questions, Comments or Open Discussion topics: No

Your Name: Kendall Case
Your Email: caseken1995@gmail.com
Report Date: 2023-07-14
Your Area: Northeast Oregon
Your Position: H and I 1

Number of correctional facility meetings held: 0
Number of treatment center meetings held: 2
Number of detox center meetings held: 0
Number of other meetings: 0
Number of facilities supported with literature only: 0
Facility Name / Meeting per Month / Length of time facility has been served: Baker House men and women 2x a month since January 2023.

Do you have a literature request?: No
If yes, have you filled out your literature request form? No
Have you requested literature in the past year: No
If Yes have you filled out your literature tracking form: No

Current Projects or activities: Working on getting a meeting into EOCI in Pendleton.
Problems or situations: None
How can regional H&I support you?: We are doing good thank you!
Does your committee have regularly scheduled orientations: No
When and where is your subcommittee meeting: The second Sunday of the month and we rotate locations between Pendleton, lagrande, baker, and surrounding towns.
Does your committee have guidelines: Yes
Questions, Comments or Open Discussion topics:

Your Name: Loni S
Your Email: anewlrstorrs@gmail.com
Report Date: 2023-07-13
Your Area: South King County
Your Position: Chairperson

Number of correctional facility meetings held: 12
Number of treatment center meetings held: 6
Number of detox center meetings held: 0
Number of other meetings: 2
Number of facilities supported with literature only: 1
Facility Name / Meeting per Month / Length of time facility has been served:

Do you have a literature request?: No
If yes, have you filled out your literature request form? No
Have you requested literature in the past year: No
If Yes have you filled out your literature tracking form: No

Current Projects or activities: We are currently working on getting to 2 more correctional facilities in our area.

We also had a great experience with having Kia K. our RD facilitate a group inventory for us. So cool!
Problems or situations: We are still working very hard on unity and having a better atmosphere of recovery.

In addition we are working on practicing the spirit of rotation.
How can regional H&I support you?: I'd love to hear how other areas have worked on encouraging the spirit of rotation.
Does your committee have regularly scheduled orientations: Yes

When and where is your subcommittee meeting: Last Sunday of each month at 930 am at the Recovery Garage in Auburn.

Does your committee have guidelines: Yes

Questions, Comments or Open Discussion topics: