

**Washington Northern Idaho
Region of Narcotics Anonymous**

10/13/2023-10/14/2023

**RSC
156th th Meeting**

**Met Hybrid
Zoom
&
Red Lion Hotel
Ellensburg, WA**

**Red Lion
1700 S. Canyon Road
Ellensburg, WA**

**WASHINGTON NORTHERN IDAHO REGIONAL SERVICE
COMMITTEE
156thth MEETING
(Fellowship Service Association)**

10/13/2023

Minutes

- 1. Call to Order with Serenity Prayer at *8 PM**
- 2. Reading:**
 1. 12 Traditions – Joe
 2. 12 Concepts - James
 3. Vision Statement – Margaret
- 3. Announcements**
- 4. Introduction of new Regional Committee Members:**
- 5. Reports/Roll Call: (see reports)**

1. ADMIN & COMMITTEES	REPORT E=email, H= handed in	FRIDAY PM	SATURDAY AM	SATURDAY PM
CHAIR	E	/	/	/
VICE CHAIR	E	/	/	/
SECRETARY	E	/	/	/
SECRETARY TRAINEE	E	/	/	/
TREASURER	E	/	/	/
TREASURER TRAINEE		/	/	/
REGIONAL DELEGATE	E	/	/	/
ALTERNATE DELEGATE	E	/	/	/
RSC AUDITOR	E	/	/	/
CONVENTIONS & EVENTS CHAIR	E	/	/	/
C&E TREASURER	E	A	/	A
ACTIVITIES	E	/	/	/
HOSPITALS & INSTITUTIONS	E	/	/	/
IT SERVICES	E	/	/	/
LITERATURE	E	/	/	/
PUBLIC INFORMATION	E	/	/	/

PNW REP (JANUARY REPORT ONLY)	-----	-----	-----	-----
AREAS	REPORT E=email, H= handed in	FRIDAY PM	SATURDAY AM	SATURDAY PM
BLUE MOUNTAIN		/	/	/
CENTRAL WASHINGTON		/	/	/
CHELAN DOUGLAS COUNTIES	E	/	/	/
EVERETT	E	/	/	/
GRAYS HARBOR	E	/	/	/
GREATER CASCADE LOOP	E	/	/	/
LOWER COLUMBIA	E	/	/	/
NORTH IDAHO		A	A	A
NORTH OLYMPIC PENINSULA		A	A	A
NORTHEAST WASHINGTON	E	/	/	/
NORTHEAST OREGON	E	/	/	/
NORTHWEST WASHINGTON SERVICE COMMITTEE		/	/	/
PIERCE COUNTY	E	/	/	/
SEATTLE	E	/	/	/
SOUTH KING COUNTY	E	/	/	/
SOUTH PUGET SOUND	E	/	A	A
SOUTHWEST WASHINGTON	E	/	/	/
"THE" LEWIS COUNTY	E	/	/	/
TRI-CITIES	E	/	/	/
WEST PUGET SOUND	E	/	/	/

/= present, E= excused, A= absent, V= vacant, NR=No report

5. **Areas (20):** 17 present 3 absent excused
- **Quorum established** - Yes
6. **Approval of previous sessions minutes** - Motion made and seconded.
7. **Administrative Reports** - Read aloud see attached.
 1. **All Subs reports** – Attached
 2. **Area Reports** – See attached
8. **Old Business**
 1. **Paste motion from last month** - Passed
9. **Open Forum (if time)**

1. Some areas have brought up the concern of not being able to fill positions. Everett / Chelan Douglas (Friday night) Everett. - There are home groups that are having issues struggling to fill positions. There are some groups that have close to shutting down due to no homegroup members
 - A. Dan – Fellowshiping has improved homegroups and brings new members in.
 - B. Jillian W. her homegroup has a 1 hour period before hg for fellowship. The attitude of service is announced goes a long way. If you make service sound appealing. Don't make it sound awful, and it might not be awful.
 - C. Riece – has a member who keeps the doors open. No members have shown up for months. Sits there in a virtual meeting to keep the doors open and participate in his own recovery.
 - D. Brandi – We don't wait for people to come to us. We rope in the newcomers. We teach them what service is. (paraphrased)
 - E. Shamus – his area has also suffered from this. Come be part of the change. Reach out to people to ask they why they aren't stepping up.
 - F. Myline – Start asking people if they want to be of service. You don't know if people are interested until you ask.
 - G. Cami – be realistic about what your service body is capable of. What can you do well. "I can do anything, but I cannot do everything".
 - H. Jerry –
 - I. Jamez – if meetings aren't inviting, it sets the tone for the meeting. Open up and welcome new people. You might see better results. Post area flyers that your meeting needs support.
 - J. Jillian M – Invite people to hg meeting. Hold people accountable for trying to override group conscience.

2. Seeking out the best way for an IDT workshop locally. (West Puget Sound) (Friday)
 - A. IDT workshop locally.
 - B. Blue MTN area is doing a workshop from NAWS.
 - C. Kami – Reach out to Kia and Nancie they can help.
 - D. Nacy is the one.

3. We would like to revisit making RSC hybrid in January. (NE Oregon) (Friday) –
 - A. Would really like to see us have an in person option. RSC is awesome.
 - B. Kellie – It is a lot of money to have the room open due to low attendance because of the pass. Supports staying virtual.
 - C. Darryl – in favor of hybrid. Why don't areas hold mini RSC and join virtual.
 - D. Ashlee – If it moved to hybrid would it change the schedule back or would the schedule stay the same.
 - E. What is the cost per meeting? \$1000
 - F. Kellie- if we don't meet room blocks we don't get the discounts.
 - G. Jillian W. We are financially healthy
 - H. Myline – Safety wise she will stay home
 - I. Tayo – We live somewhere where if you don't drive in the snow they don't participate in NA. There are some groups that work well virtually. It does nothing for new comers recovery.
 - J. Shameus – How many have been canceled due to snow? – Vandl – There has been times where the pass has been closed and people couldn't make it.

- K. Myline – This January could be bad. It is predicted to be bad
 - L. Rachell – Used to be an RCM – Some of her favorite memories were from the Winter RSC.
 - M. Jon – Enjoys this conversation. His area refuses to use zoom. This is a refreshing conversation.
 - N. Joe – If the chair or vice chair cant make it, how does the meeting work?
 - O. Dan – It will just happen.
- 4.**

10. Adjourned for the evening 10:23 pm

11. Meeting called to order: 8: 01am

12. Roll Call

- 1. Areas (20): 17 present 3 absent 0 excused
 - **Quorum established** - Yes

13. RD Time

14. Recess for all subs 9:53 am

15. Reconvene 2:04pm

16. Roll Call

- 1. Areas (20): 17 present 3 absent 0 excused
 - **Quorum established** – Yes

17. All Subs Reports

18. Open Forum

- 1. Misappropriation of NA funds guidelines. (NE Oregon)
 - A. Cammi – What do other reigons and areas have for guidelines.
 - B. Kelli – her area went and found guidelines from another area. They ran into a situation and didn't know how to proceed. Thinks it would be very helpful
 - C. San Diego – had an area that had money taken from, they filed a police report, made an agreement, and the member paid it back.
 - D. Cammi will bring back information
- 2. Location and prices of RSC
 - a. Jake – Jillian and Jake went and looked at Venues.
 - b. James – what is the current price vs other places. Red Lion is going up to about 1000 per Qtr.
 - c. C&F pats about 1500 – 2000 per hotel
 - d. Brandi – Does RSC have to be in Ellensberg.
 - e. Bonner – You cannot use some of the outlets in our current venue.
 - f. Michael – Travel time is a concern, please keep in mind if looking at a place without a hotel.
 - g. Bob – would like to know if we can get eggs and sausage in the contract.
 - h. Margaret – Has requested in the past to find a location that we have sub committees at the same location.
 - i. Kelli- concerned about budgets that are being done. Should we be upping them
 - j. Cammi – Why are we not staying somewhere cheaper.
 - k. Myline – wants to know if that would be Q1 if we change venues

- l. Jake – We hope so.
- m. Brandi – ASC recently moved and schools have good
- n. Kelli – Would like to see us at a place with rooms for ease of accounting and travel.
- o. Jake – needs to move quick because of time.
- p. Kia – Can you divide the room at hotel across the street.
 - i. Outcome – Jake has a vote of confidence from the body 14/17 RCM1 to call and check venues. If another option might be better Jake will make the move for the body .

19. Old Business

20. New Business:

1. Motion # 156.1

Date: 2023-10-13 Motion Made By: Ashley W. Representing: H&I subcommittee Made By Email: Seconded By: Kimber Representing: Everett ----- I move: That WNIRNA RSC fund the DOC Coordinator to go to WSLD. The H&I and PI chairs are given up to \$865 for travel expenses it WSLD in the budget, and we propose the same for our DOC Coordinator. This would be a new line item in the H&I budget as the DOC Coordinator is a subcommittee-elected position. Intent: The DOC Coordinator supports a critical set of projects in our regional H&I subcommittee. For example, he is actively working with state legislative representatives to streamline our jail and prison clearance system, to provide greater access to qualified members seeking to serve in these institutions. He is seeking to collabortae with other service members throughout our zone and we believe anyone serving in the DOC Coordinator position should be attending WSLD for this purpose. There are times that workshops are scheduled in such a way that the H&I Chair has to choose between presentations and there are many workshops specifically focusd on DOC-related content. Having the DOC Coordinator in attendance would allow for a more complete experience and report for all of our regional service members upon our return from the event. Rationale (if needed): Financial Impact: \$865 in H&I Yearly Budget -----

For Chair / Vice Chair use only

Major Motion:_____ Non-Major Motion:_____ Motion Requires: Simple Majority_____ 2/3 Majority_____ Other_____ Motion must go back to groups: Yes _____ No_____ In-favor:_____ Against:_____ Abstention:_____ Motion Disposition: **Passed _____ Failed:_____**

Motion # 156.2

Date: 2023-10-14 Motion Made By: Cami M. Representing: Northeast Oregon Area Made By Email: camiofservice@gmail.com Seconded By: Kristen M Representing: Greater Cascade Loop ----- I move: To hold the January RSC meeting as hybrid session henceforth! Intent: To keep consistent and enthusiastic momentum in our regional service bodies through our long isolating winters. Rationale (if needed): “We have collective responsibility to infuse our service bodies with an atmosphere of recovery where people feel welcome and encourage to grow. In such an atmosphere, our trusted servants are more likely to feel effective and productive, and our service bodies grow stronger. When we put aside our personality differences and work together to develop the best qualities in our members who are willing to serve, our areas, regions, and subcommittees become fertile

ground for cultivation.” – Principals and Leadership in NA Service pamphlet. My rational is that virtual NA is a vital and wonderful tool for us to utilize in NA, it has revolutionized our recoveries and service efforts. And it is my opinion that virtual service is not where we most effectively cultivate and roll model regional service. The ability to fellowships, connect, problem solves, brainstorm and reach a true group conscious is greatly improved in our in person service bodies. There is a reason online service meetings are so much quicker then in person, less people talk, less discourse is had and as a result less connection is made. If you are concerned about the winter transportation find a redneck who is comfortable in the snow, ask for help, ask for a ride, make a new friend, our join virtually if you can't make this work for you. There are a few things that can go wrong, but there are so many that can go right. As we attempt to reach a group conscious on this motion, I hope we can remain in a faith based frame of mind. Financial Impact: The cost is greater by around a \$1000, is an estimate from the outgoing chair. -----

For Chair / Vice Chair use only

Major Motion: _____ Non-Major Motion: _____ Motion Requires: Simple Majority _____ 2/3 Majority _____ Other _____ Motion must go back to groups: Yes _____ No _____ In-favor: _____ Against: _____ Abstention: _____ Motion Disposition: **Passed** _____ Failed: _____

Motion # 165.3

Date: 2023-10-14 Motion Made By: Bonner S Representing: West Puget Sound Area Made By
 Email: RecoveryBon@gmail.com Seconded By: Kevin L Representing: Lower Columbia -----
 ----- I move: that we waive the guidelines for Jan2024 to allow RSC to meet at Red Lion so that RSC chair can hopefully book the remaining quarters for RSC meeting place. Intent: To housekeep the process of signing a contract for an entire year so that we may still meet at Red Roof in Jan2024 Rationale (if needed): Financial Impact: ?? -----

For Chair / Vice Chair use only

1. Major Motion: _____ Non-Major Motion: _____ Motion Requires: Simple Majority _____ 2/3 Majority _____ Other _____ Motion must go back to groups: Yes _____ No _____ In-favor: _____ Against: _____ Abstention: _____ Motion Disposition: **Passed** _____ Failed: _____

6. Announcements: NEONA – will be doing concessions.

7. Elections:

A. Nominations for Chair

B. Duties and Quals read by Jillian M

C. Dan B opened nominations.

D. Jake **REDACTED** nominated by Nancy.

E. Jake accepts nomination

F. Nominations closed.

G. Jacob **REDACTED** was nominated for chair. He accepted nominations

H. Jake answers questions.

I. Passes unopposed, Jake **REDACTED** is new RSC Chair; Dan **REDACTED** to be removed from all RSC accounts

J. Vice Chair –

K. Duties and Qualifications read by Jillian M

L. Dan B opened nominations

- M. Jillian REDACTED nominated
- N. Nomination accepted.
- O. Nominations closed.
- P. Jillian answered questions.
- Q. Passes unopposed, Jillian REDACTED is new RSC Vice Chair and
- R. Recording Secretary –**
- S. Duties and Qualifications read by Jillian M
- T. Dan B opened nominations
- U. James REDACTED was nominated
- V. James REDACTED accepts nomination
- W. No other nominations, Dan closes nominations
- X. James answers questions
- Y. Passes, unopposed.
- Z. Secretaty Trainee –**
- AA. Jillian M Read duties and quals.
- BB. Dan opened nominations.
- CC. No nominations.

8.

9. Meeting adjourned at

Attachments

Officer reports:

Chair	
	2024 RSC Schedule January Admin (virtual) - 12/1/23 6:00 pm RSC (hybrid) - 1/12/24 8:00 pm, 1/13/24 8:30 am April Admin (virtual) - 3/1/24 6:00 pm RSC (hybrid) - 4/12/24 8:00 pm, 4/13/24 8:30 am July Admin (virtual) - 5/31/24 6:00 pm RSC (hybrid) - 7/12/24 8:00 pm, 7/13/24 8:30 am

October
Admin (virtual) - 9/6/24 6:00 pm
RSC (hybrid) - 10/11/24 8:00 pm, 10/12/24 8:30 am

Vice-Chair

Officer Report
Hi Family,

Not a lot to report. I attended our regional audit last month. Everything went swimmingly. I do intend to run for RSC Chair at Region on Saturday. Other than that extremely lengthy report... I have nothing else to share.

Thank you for letting me be of service.

Jake H
RSC Vice Chair

Secretary

Officer Report

Good evening, everyone,

As you can tell James is working on the minutes tonight as a practice run. Hopefully this committee will be voting for him to become our new secretary. Over this last quarter I (finally) updated major motions in the guidelines however there are some formatting issues that need to be addressed. I tried and could not figure out how to fix it. I brought extra packets for new RCM's, if you would like one please let me know. I also provided a list of speakers for anyone to take.

Thank you all for letting me be of service over the last couple of years, I look forward to continuing to attend RSC quarterly.

In loving service,
Jillian M.

Secretary in Training

Officer Report

There is nothing to report from me. I might get elected as Secretary... I want a trainee friend. I am fun, usually have snacks, not the best personality... but we have fun. Who is down? Anyone?

ILS,

James

Treasurer

Officer Report

To: WNIRNA

Date: October 2023

From: Regional Treasurer: Rachel D.

Hello Everyone,

First of all, I need to apologize to folks who reached out to me via email and I was slow to respond. Having all of the information for this position isolated on a separate laptop has made it tough for me to access information and respond in a timely manner. I have made some adjustments to where the information is stored so I can access this quickly going forward.

I will start with a financial report:

See emailed report for the financial detail as this report form will not allow me to upload an attachment

We made a \$300.00 zonal donation last month and I am recommending that we donate \$20,397.34 to NAWs based on the overage in the bank account.

It is time to review the budget for 2024. To prepare I reviewed budget vs actuals in 2022 to just analyze our trends a bit – see below. I found that we are spending way under our budgeted amounts but are recognizing the underspend and donating the remainder to NAWs. I want to encourage regional service positions to consider what they have the budget for and if there are things that would further our primary purpose in the area or make the service position job easier to use your budget to make these purchases.

I am still working to finalize the 2024 budget with input from all of you. I will send a final budget out before the end of region this weekend.

Over the quarter we have had a few forward movements in getting our finances in order and streamlining treasurer processes.

Follow up on last month's discussion items:

- 1) QuickBooks: QB online for the RSC account is set up and officially being used as of 10.12.23. The final cost is \$49.61 per month.
 - a. Quickbooks online was purchased and is now linking to our paypal account to increase full transparency and to categorize any income collected and payments made via paypal. This will automatically be tracked now!
 - b. C&E will be connected on January 1.
- 2) Misappropriation: In a follow-to the misappropriation of funds by the previous treasurer, the first payment of \$500 was received in a cashiers check from Kaylynn. She also acknowledges this is the first payment of many.
- 3) Audit: Your treasurer trainee and I participated in our Q1-Q2 audit and all is well.
- 4) C&E: We are planning to work with C&E to transfer bank accounts and to the new quick book format within the first week of January.

In other news, our treasurer trainee is still amazing. That is all.

In loving service,

Rachel D.

Treasurer Trainee

RD Team

Dear Family:

Thanks for another quarter of your service and dedication to Narcotics Anonymous. The RCM sharing meeting we will meet at

breakfast, at the Red Lion. Bring your breakfast to the meeting room if it is still closed.

RD Time will be the IDT “Predatory and Disruptive behavior.”

- The AD facilitated an area inventory in the south king county August 14th.
- The RD team facilitated an area inventory in the NOPANA area on September 28th.
- The RD facilitated an area inventory in greys Harbor on October 1st
- The RD team attended Conference participant meetings on July 22nd and September 23rd.
- We attended the Regional Learning Day on July 28th and 29th.
- We Attended the WSZF Virtually on July 23rd.

The BC regional workshop was postponed until November because of fires.

Facebook – Washington Northern Idaho RSC | Facebook

Instagram - @wnir.na) | Instagram

If you need something posted on social media, you can send it to our email, or request on Facebook or Instagram. We post regional and Area events within our Region and service material.

1. Current NAWS Projects
2. Collaboration of zones new website and ongoing collaboration meetings
3. Western Service-learning days
4. Western States Zonal Forum
5. CP meeting notes
6. Looking Forward
7. Thank You

REMINDER: There is no effective way to report on everything in NA World Services that is of interest to everyone. Here are many of the references that Service Enthusiasts use to familiarize themselves with what is going on.

World service conference-World Service Conference (na.org)

World service conference portal-WSC 2023 – WSC Portal (worldna.org)

NAWS NEWS - <https://www.na.org/?ID=reports-newsnews-newsmain>

NA Way Magazine - <https://www.na.org/?ID=naway-toc>

Reaching Out - <https://www.na.org/?ID=reaching-out-index>

NAWS Annual Reports - <https://www.na.org/?ID=ar-2016>

Fellowship Intellectual Property Trust - <https://www.na.org/?ID=legal-bulletins-fipt>

Narcotics Anonymous USA – Freedom from active addiction (usa-na.org)

Contact Info:

Kia K Regional Delegate **Redacted** RD@WNIRNA.org

Nancy F, Alternate Delegate **Redacted** AD@WNIRNA.org

Detailed Report

Item One – Current NAWS Projects

- See links on the first page of our report.
 - Our next CP meeting is November 18th.
 - Still working on the new portal for conference material WSC 2023 – WSC Portal (worldna.org)
 - Two new IDT
- A. Dealing with disruptive and predatory behavior
- B. Gender-neutral and inclusive language in NA literature
- 2023-2024 Environmental Scan Survey for Delegates
 - Still to be available is “Reimagining and revitalizing service committees”
 - DRT/MAT as it relates to NA.

Item Two – Collaboration of zones

- US collaboration of Zones is proposing guidelines.
- The collaboration of US Zones is directly accountable to the zones of the US.
- You can find more information at usa-na.org.

Item Three – Western Service-Learning Days

- <https://wslld.org/wslld-xxxvii-alaska>
- Thursday Speaker
- Friday Professional panel and speaker
- Saturday program at WSLD.org

Item Four – Western States Zonal Forum

- Our next WSZF gathering will be at WSLD in person and virtual
- Mandy H from Alaska, was voted in as our assistant facilitator
- We will be updating guidelines to accommodate the 3 yr. cycle.
- Hearing task force reports. behind the walls, PR

Item Five-CP meetings

The July2023 Conference participant web meeting was held on Saturday,22. 80RDs, 5 ZDs,12WB,60ADs, 5 zonal contacts, 4members of the HRP,1WSC cofacilitators, 6 interpreters, and 16NAWS staff. Jack is now vice-chair of the board, and Yoel and Hammed are now the members of the executive committee. The focus of this meeting was focus on framing IDTs during. Anthony reported on planning WCNA, and discussion about the future. The new meeting finder tool. We are still spending more than we bring in and are not at full staff.

New projects being developed.

- H&I experience with criminal justice, treatment, and committee work to help with updated H&I service material.
- Experience with geographic or physical isolation in recovery to help with The Loner Prevision.
- Experience with virtual service bodies or with connecting virtual meetings to the service system to help with Virtual Service Basics.
- Willingness to help evaluate speaker recordings for WCNA.

Small group discussion: developing new IDT's.

#1: Dealing with disruptive and predatory behavior.

#2: Gender-neutral and inclusive language in NA literature

Rd's asked to complete the online input form after doing IDT workshops.

The September 2023 Conference participant web ,69 RDs, 5 ZDs, 14 WB, 56 ADs, 5 zonal contacts (from 4 zones), 2 members of the HRP, 1 WSC cofacilitators, 2 interpreters, and 19NAWS staff

- A new IT upgrade will save both time and money as well as make unsubscribing easier for people, among other advantages. Now the focus is the upcoming changes to the meeting finder webpage and app.
- H&I Basics survey.
- 45% increase to Free and Subsidized literature. The fiscal year figures are not finalized yet, but the rough numbers are just shy of three quarters of a million dollars. Based on the financial situation over the last few years, he stated that this was amazing and thanked everyone for making it possible
- 120-day review for what is being called the NA Survival Kit.
- the first two IDTs: Gender-Neutral and Inclusive Language in NA and Dealing with Disruptive and Predatory Behavior.

Workshop materials, PowerPoints, and handouts are all available

Proposed zonal sessions:

- The EDM has been asked for at least two of their sessions. The same can be done for the APF
- Afri-Can ZF-virtually
- LAZF-virtually
- RZF-virtually
- BZF-virtually or at their scheduled May meeting
- CANA, WSZF, and RMZF-meet and break into small groups virtually?
- PSZF, MZF, SZF-meet and break into small groups virtually?
- NEZF, Autonomy, SEZF--meet together and break into small groups virtually?
- Meeting finder page for NA World Services. conference participants received an Excel sheet asking for information about regional, area, and zonal websites and phonelines. The plan is to switch from an interface that lists meetings to one that lists local websites and phonelines.
- Small group discussion: Environmental scan survey due November 15th.

A. External factors (outside of NA)

B. Internal factors (within NA)

Next CP meeting November 18th

Item Six – Looking Forward

We welcome your feedback on how the Delegate team can improve communication and provide information about what is happening in NA.

We will be attending the WSLD, we both have workshops, the RD will be doing a phonline workshop, and a predatory behavior workshop, the AD will be facilitating an H&I workshop.
The Western States zonal forum will be in Fresno California on January 25-January 28th.
The Communication IDT for BC PR Committee has been rescheduled for November 24th-26th. The PI Chair and RD will attend.
Workshop set for WNIRCNA 2024 Dealing with disruptive and predatory behavior and Gender-neutral and inclusive language in NA literature.

Item 7: Thank you.

We are available for AREA inventories, and assistance with workshops that your area needs.

In loving service

Kia K RD

Nancy F AD

RSC Auditor

Officer Report

This quarter I attended the audits for C&E and the RSC. They were without any problems. I have sent the information for the taxes to the CPA and expect to see them soon.

Next quarter is slow getting ready for first of the year.

Thanks for letting me serve,

Vandy

Conventions and Events Chair

Hello all,

A couple of announcements!

*WE NEED MEMBERS willing to step up for convention service. We have a lot of members who love going to conventions, and I am recruiting for new members to come and join the support team for these beloved events. There are plenty of low impact type positions and tasks that members can take on at an introductory level. Anyone can call me any time, to learn more! 360-388-5959. ALL kinds of skills are needed at the convention level, including tech skills, administrative skills, people skills, and team skills.. just to name a few! In the coming quarter, we will be announcing all the start up dates for all 3 upcoming conventions. WNIRCNA, Clean & Free, and PNW 2025 will be in our region again (every 4th year) WE NEED SUPPORT for each of these host committees, so please get involved. If you can't serve in this way, please announce these meetings in your local areas. Share this report. Share my phone number. Recognize someone's strength and send them our way! That still counts as serving the conventions! (thanks JAKE) Ask your RCMs to be announcing this in your area meetings. All are encouraged and welcome.

*WNIRCNA 2026 will be at the Delta Hotel in Everett, WA! Contracts are not signed around yet, but Hotel Bid Coordinator is working on that this quarter.

Please be advised that this event will be a "badged" event, meaning that you will need to be registered to be on the premises. There was a lot of talk about this, over the last couple of quarters, and the Everett area is in full support. This is the only way we can have the event in this part of the region, without increasing registration prices to \$100 or more. We had one area with op;position about it, and ultimately opted to approve the location selection. More will be revealed!

This quarter's meeting we approved C&E and Clean and Free budgets, and are still waiting on WNIRCNA budget to come in for final approval. We also approved the main speaker lists for both conventions. Below is my pre-Oct meeting report.

My report for October quarter, coming in hot!

We performed the annual C&E audit in Olympia since last quarter, and it went pretty smoothly. Nothing to really report on there, other than to let everyone know to PLEASE do not hold on to checks for long periods of time. We had several reimbursement checks and host committee checks that were not being cashed for 2 and 3 months.

I have submitted the man speaker lists and budgets for Clean & Free 2024 and WNIRCNA, as well as the C&E budget for the coming year. Hopefully everyone got a chance to look over all of that, we will be moving to approve those during the meeting on the 14th.

I have been in communication with the Liasons from both conventions and trying to stay aware of any support they have needed. I was contacted about an issue with the "reptile lady" from CnF having not been paid yet, since the 2023 event. This did not come up during the audit because there was no check in play at all, so we didn't know about it until later. I am unsure of the status of it as I write this, but I do know that there is a motion in place, to get her paid while the host committee figures it out.

I have been in communication with the COS Chair about how many members would be needed to man registers at the event. They are ready and willing to bring members to get register trained if we end up with the bid for the convention in 2026.

I have been talking with CE treasurer a lot about money handling procedures, and what our guidelines do and do not outline. The CE treasures and host committee treasurers have been working in a group, to make some exciting updates for us, that will start taking effect after the first of the year. More will be revealed!

On a more personal note, I have been keeping it in the forefront of my mind to invite members to come and be at CE this quarter, to see what we do here. It has become more and more apparent that a lot of people do not know about us! Convention service in my area is at an all time high right now, because we will be having WNIRCNA in Olympia in 2024! There are a lot of people involved at the host committee level, that I think will be a great asset here at C&E! It has been really cool talking about our function, with newer members and witnessing the excitement that comes with planning a convention. I am really excited to be working with John W as Vice Chair, as I feel that he and I have very complimenting skill sets.

Thanks for letting me serve in this way. I am finally starting to feel like I kind of know what I'm doing, a little bit. I have been enjoying learning more about how we roll here at C&E!!

Thanks. Love you guys, bye!

Jillian W, C&E Chair

Conventions and Events Treasurer

Hello everyone,

I will be absent Friday night for region. One of my best friends is getting married that night but I will be present over zoom all day Saturday! I will be sending reimbursement forms with Jillian W. please fill them out along with your address and receipts I will be able to mail them out Monday. Thank you for your understanding.

This quarter Sarah, Jillian, Vandy, Heather and myself did an audit on the C&E account and that went extremely smooth. Sarah and I also got together over zoom to create 2024s C&E budget for approval this quarter. (budget attached) the budget did not change from the year before and I believe this has to a lot to do with region being on zoom during January. After getting the bank accounts all squared away with seed money and budget we have wrote a check from C&E to Regional Service in the amount of \$55,466.19. We also chatted about the move to Chase Bank and QuickBooks online and we have made a plan to do this in the first weeks in January since we do not travel and won't be handing out checks during region that quarter. I have spoken to current subcommittee treasures to refrain from writing checks after their December subcommittee meetings, so we can move banks successfully! Once the banks are moved we will move forward with QuickBooks online.

Every quarter Sarah and I are learning what we can implement into our positions to help the proses move smooth and accrete. We are hoping to look at the current guidelines and transform them to be less vague and more informative! This all will take time but both of us hope to leave this position better then we got it!

C&E \$34,322

CLEAN AND FREE EVEN \$9,324

CLEAN AND FREE ODD \$10,000

WINRCNA EVEN \$10,923.56

WINRCNA ODD \$5,000

PNW \$2,500

RECOVERY EVENTS \$4999.02

PRUDENT RESERVE \$19,990.95 (\$11,920 c&f newcomer money)

Thank you all for allowing me to serve!

Amber S.

C&E Treasure

Activities

Officer Report
Hello all,

I am Looking forward to our activities meeting tomorrow. We will be reviewing our guidelines.

I will be submitting my reimbursement request for my travel to WSLD today. Please let me know if any of you have any questions.

I apologize for not being able to make it to the regional dinner; I had work obligations that have put me behind schedule. I hope everyone had fun!

GTS,

Michael L.
Activities Chair

Officer Report
Hello RSC,

Our Regional Activities Committee meeting went well! We had productive discussions about creating more unity in local areas and planning activities that don't conflict with other regional/area level activities. Details of these discussions can be found in our minutes, which will be sent out within thirty days of today's meeting.

The following areas were present:

- Chelan/Douglas Counties
- Northeast WA (Twin Rivers Activities Subcommittee)
- Northeast Oregon Area
- Pierce County
- South Puget Sound
- Southwest WA
- The Lewis County
- West Puget Sound

We finished reviewing the guidelines and plan to meet via zoom in the interim to finalize changes that were approved. We plan to bring the changes to the next RSC.

We also discussed the possibility of a regional dinner for January if the region votes to meet in person.

As it stands, our next meeting is scheduled for January 8th at 7 pm on zoom. However, if we move to meeting in person in January, then we will meet on January 13th at 10:30 in hybrid format.

GTS,

Michael L.
Activities Chair

Hospitals and Institutions

Your Name: Ashley W
Your Email: ashleynoelle86@gmail.com
Report Date: 2023-10-14
RSC Position: RSC H&I Chair
Other: If other field what position

Officer Report

As I enter my last quarter of a 2-year term I am filled with gratitude for this subcommittee and the experiences we have shared. I have learned so much about myself, service, and the H&I work throughout our region and zone and it has greatly enhanced my recovery. The PR subcommittee worked together with SPS to put on our Regional PR Learning Days in July. It was a huge

success and Kelly, our PI Chair, has compiled a report that is available in the RSC minutes. I am attending WSLD in a few weeks with other RSC officers and am co-facilitating a workshop with our alt delegate, Nancy F, on H&I Basics. I am also submitting a motion for the RSC floor with the intention of having our DOC Coordinator, Logan H, funded to travel to WSLD. I look forward to reporting on what I learn from the other workshops at our January RSC meeting. Finally, I am actively mentoring Joe A, our vice chair, in the logistics and current projects so as to support a smooth transition in January, assuming he is elected by RCMs.

At H&I all sub Meeting:

Rob, WSFR

We are still receiving about 15 letters a month. In November I am looking forward to going to Alaska for Western Service-Learning Days. I will attend H&I/PR Saturday via Zoom platform. We are always looking for more Step-Mentors so if you are interested, please contact me on the Regional Website = Regional Service Tab on the top of the page, then "Working Steps for Recovery Behind the Walls" tab.

Logan, DOC Project updates

After numerous conversations with Senator Jeff Wilson regarding my proposal to him about creating a single source background check system for volunteers entering into Federal, State, and Local corrections facilities, I received correspondence from his Legislative Assist, Jami Lund, asking for a list of places requiring background checks and the elements involved.

He mentioned that they were exploring what it would take to find cooperation to prepare a "fast pass" type of credential. Upon receipt of the email I responded with the list requested and also mentioned numerous types of licenses which require background check and are recognised nationally to allow access, entry, and passthrough. ie; CDL, Passport, TWIC, and others. There has also been discussion about the undeniable amounts of money that would be saved having a universal background check.

Currently, as established in a letter I am in receipt of, Senator Wilson has staff investigating a trial program, recognized as a PILOT program as authorized by Congress, to be established in a multiple state arena.

A PILOT program will provide the functionality, cost savings, and efficiency of the process that we / Narcotics Anonymous / have proposed. The implementation of this would be National.

There will be Legislative consideration in the upcoming January gathering to consider policy changes and concerns.

Clint, Beyond the Bars (WPSNA), updates
online committee meeting every 3rd Sunday (wpsna.org/beyond-the-bars)

re-entry program. QR code tomorrow on zoom.

Mission Creek womens as pilot

Regional Program Liason position recommended as NEW POSITION at ASCs
encouraging all AREAS to be involved. getting more people involved in area service.

Guidelines Revision ad hoc sign up

Tiffany M- SPS, hi_vicechair@spsna.org

Logan

Becca

Ashley

Topic: What to do if covid is actively going through a facility? (hold panel, cancel?)

Case by case. Contact panel leaders and attendees about taking the panel in or not.

Facilities can lock down for COVID. Let the panel leader make the decision.

following the state health guidelines. Let the facility now.

Topic: Getting back into facilities post-covid (DOC)

dropping off literature to the jail.

go find that right person at the jail. Get a hold of their source.

Talk to AA.

Federal regulations and have them with you.

PDF literature for jails.

Topic: event guidelines (facilities)

Area - facility learning day event. Regulation info needed for events in the facility.

Federal regulations? Where are they located?

Contact Lewis County and larch.

Need guidelines from the facility. Who has the guidelines?

Broad area for guidelines for facility. Policies can be broad.
How can food be involved with food?

Topic: PR umbrella.
made a discussion of H&I, PI, PR.

With gratitude,
Ashley W.

IT Services

Hello,
We have submitted our 2024 budget request.

We have made some guidelines on what region will manage on our area's websites mostly regarding plugin's. This will make it easier for the web-servants to trouble shoot if problems arise. We had a ad-hoc committee to do the transition to the new server. They met pretty much weekly for the past 3 months to get this done. Thanks to them for the commitment and time they spent, we are up and running very smoothly and securely.

We have not heard back from a pretty large handful of IT chairs from area's in our region. Emails have been sent out with no responses. I'm asking the RCM's if they could let us know if they have a IT person in their area and if we could get their contact information so that we can make sure that they are getting the help if needed.

Thanks for letting me be of service.

Literature

Officer Report

Hello family for allowing me to be of service to this Region. had good attendance and we had

SKCNA

EVERETTE

SEATTLE

N.E.OREGON

PIERCE CO.

SO.WEST WASHINGTON

giving their reports. we covered the solutions to fake orders, also took time to go through the World site and the Regional site so they can find documents, surveys and report forms. Took time to review the recent changes to our Literature, available booklets and books.

Thanks to all who were there and for the growing participation of our Sub-Committee . in loving service Joel L.
phone # 360-978-4045

Officer Report

WASHINGTON NORTHERN IDAHO REGION

LITERATURE CHAIRPERSON QUARTERLY REPORT FOR OCTOBER 14, 2023

Hello Recovery Family. Quite a bit has been accomplished so far this quarter. The Regional Learning Days was a large success with so many individuals from our Region, the idea, the planning, the execution and all participants and speakers for each workshop.

The presentation for the Literature workshop was well received and so much back story on our Basic Text was discussed and there were questions asked as well as audience participation. We as a Sub-Committee hope to continue to assist our Region with the next Learning Days.

Lots of Literature information is to be found in the NAWS NEWS for September, if you are not subscribed I suggest that all should be especially RCMs, GSRs and Area Literature Sub-Committee Chairs. There is NOW a New "GROUP BOOKLET" available for download," A Vision for NA Service" has been updated also available for download. NAWS is working on a

new item called "NA Survival Guide" which I am looking forward to see. Two new IDTS are posted for our review "GENDER-NEUTRAL and INCLUSIVE LANGUAGE " also " DEALING with DISRUPTIVE and PREDATORY BEHAVIOR ". (www.na.org/idt) There is a Survey for us to review to revise the" H&I BASICS" (www.na.org/survey) The new " Reaching Out " is available.

NARCOTICS ANONYMOUS TURNS 70 THIS YEAR!!!

SO MUCH MORE TO COME ... WANT TO THANK MARGARET C. FOR ALL OF HER EFFORTS AS VICE-CHAIRPERSON AND FOR STREAMLINING OUR ATTENDANCE SHEET AND COMPILE THE CONTACT SHEET INFORMATION.

IN LOVING SERVICE JOEL L.

Public Information

Hi All,

This past quarter was a busy one. We held our regional Learning Days event in July which was fun and well attended. Thank you everyone that participated and attended for making it such a successful event. I had also met up the Lewis County and handed off our regional booth for their Overdose Awareness Event. My area also participated in the Overdose Awareness events for the two counties we represent which was really inspiring. Our Vice chair and I had put the regional PI guideline updating on hold so that the focus could be placed on Learning Days but we have since talked and will start those meetings up again. I am also participating in the Learning Days guidelines updating as well and we hope to have them finished by the next region for approval. I am all ready to attend the WSLD in Anchorage next month and am excited to hear some awesome panels and speakers and bring that back to you all. Please let me know if anyone needs anything.

Thank you,

Kelly McD

Officer Report

Hi All,

There were 9 areas in attendance, Central Washington, Everett, Greater Cascade Loop, Northeast Oregon, Pierce County, Seattle, South Puget Sound, The Lewis County, and West Puget Sound. During PI we discussed restarting the PI guidelines ad-hoc committee and have scheduled it for the last Sunday of the month at 6pm using the PI Zoom code. We also went through our budget and made updates that reflect what we do now and I will submit that to the treasurer. We had discussion about the booths and which areas have booths and what they look like. About half of the areas that attended had a booth. There was a question about Bank accounts and we directed them to speak with the regional secretary or Auditor since we were not sure. We finally agreed to either donate or properly dispose the old PI TV and we have decided to keep the old PSA VHS tape and give it to the NA history folks. The Regional PI committee will be attending the statewide Drug Court conference next Thursday and Friday which is exciting. Other than that we are there to support the areas so if your PI Chair was not here please encourage them to attend.

Thank you,

Kelly McD - PI Chair

Officer Report – Learning Days

Hi All,

We had a very fun and successful Learning Days event this year. It was the first time the PR subcommittee hosted with an areas support. We had approximately 100 people come throughout the event. The speakers and the workshops were well attended and the tie dye station was a hit. We sold most of the shirts with the smaller sizes left. Next time we will buy more xl and XXL since those sold out the quickest. I attached the detailed financial report from the event, but for the big numbers we started with \$2,500 and spent a total of \$2,786.54 with a total income of \$1,698.61 which left us with an ending balance of \$1,412.17. We did not make all of the funds back but it was still a really awesome event. We have some ideas on how to make this event better and have started working on updating the guidelines to reflect some of these ideas and plan to have them completed for review and a motion submitted for approval by the next region. Please let me know if you have any questions.

Kelly McD & Ashley W.

PI/HELPLINE Agenda – 10/14/2023

Open Meeting: 10:00 am

12 Traditions:

12 Concepts:

Vision Statement:

Read Last meeting minutes:

Roll Call:

Chair

Vice Chair

Secretary

Media Coordinator - Vacant

Phoneline Vice Chair - Vacant

Areas:

Blue Mountain

Central Washington

Chelan Douglas Counties

Everett

Grays Harbor

Greater Cascade Loop

Lower Columbia

North Idaho

North Olympic Peninsula

Northeast Washington

Northeast Oregon

Northwest Washington

Service Committee

Pierce County

Seattle

South King County

South Puget Sound

Southwest Washington

"The" Lewis County

Tri-Cities

West Puget Sound

Reports:

Open Forum:

Old Business:

- TV that goes w/ booth.
- Statewide Drug Court Conference

New Business:

Tabled:

Guidelines Adhoc

Officer Report

Still moving ahead. Helped Learning Days at start. Reformatted first draft for C & E. Did not get to Mobile Convention so they are on the schedule for next quarter.

ILS, jb

PNW Representative

Area Reports

Blue Mountain		Area Officers	Name	Email
Your Name:		RCM1		
Your Email:		RCM2		
Report Date:		Chair		
Your Area		Vice Chair		
# Home groups		H&I		
		PI		
		Activities		
		Phone line		
Regional Donation		Literature		
		Other		

Activities report

Upcoming Events

Area report

Area concerns

Open sharing?

Central Washington		Area Officers	Name	Email
Your Name:		RCM1		
Your Email:		RCM2		
Report Date:		Chair		
Your Area		Vice Chair		
# Home groups		H&I		
		PI		
		Activities		
		Phone line		
Regional Donation	0	Literature		
		Other		

Activities report

Upcoming Events

Area report

Area concerns

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Open sharing?

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Chelan/Douglas Counties		Area Officers	Name	Email
Your Name:	Angela E	RCM1	Vacant	
Your Email:	Redacted	RCM2	Vacant	
Report Date:	10/13/2023	Chair	Christina B	Asc_chair@cdcna.org
Your Area	Chelan/Douglas Counties	Vice Chair	Angela E	Angleanst76@gmail.com
# Home groups	14	H&I	Christy O	Pr_chair@cdcna.org
		PI	Vacant	
		Activities	Vacant	
		Phone line	Vacant	
Regional Donation	\$551.53	Literature	Vacant	
		Other		

Activities report	

Upcoming Events	
<p>Boocomers October 21st from 5pm to 8pm Chili cook off with costume contest and speakers. Growing with Gratitude November 18th from 5 to 8 Ham & turkey provided and a speaker December 31st Prom Night 6pm to midnight with best dressed contest possible Photo Booth with clean time/food ideas</p>	

Area report	
<p>We have been struggling with homegroup support and area donations.</p>	

Area concerns	
<p>We have vacancies in a lot of positions, and trying to get those filled. Wish there was more support from our home groups. Activities are still going and we are seeing support there.</p>	

Open sharing?	

Everett		Area Officers	Name	Email
Your Name:	Kimber Chard	RCM1	Kimber C	rcm1@everettna.org
Your Email:	Redacted	RCM2	Danielle F	rcm2@everettna.org
Report Date:		Chair	Porsha B	ascchair@everettna.org
Your Area	Everett	Vice Chair	Aaron T	ascvchair@everettna.org
# Home groups	57	H&I	Breanna L	hichair@everettna.org
		PI	Jamie S	pichair@everettna.org
		Activities	Annie J	activities@everettna.org
		Phone line	Anna Q	phline@everettna.org
Regional Donation	\$2088.78	Literature	Brianne H	litchair@everettna.org
		Other C&E	Mark S	cerep@everettna.org

Activities report
<p>Halloween Carnival Oct. 28, 2023 2936 Rockefeller Ave Everett, WA 98201 4pm-Carnival / 7pm-Contest with Prizes Raffle and Dance to follow / Concessions Avail. All ages Contact-Shay (206)747-0446</p>

Upcoming Events
<p>26th Annual Grope-A-Tude Nov. 10, 2023 @ 5pm Bothell United Methodist Church @ 5pm 18515 93rd Ave NE Bothell WA 98011 GropersNotDopers@gmail.com</p> <p>Fall Spiritual Breakfast Nov. 18, 2023 @9am 1st Presbyterian Church 1306 Lake View Ave. Snohomish WA, 98290</p>

Area report
<p>Everett Area is doing well.</p>

Area concerns
<p>We have several Home groups that are struggling to get enough members to fill service positions.</p>

Open sharing?
<p></p>



Grays Harbor		Area Officers	Name	Email
Your Name:	Bob A	RCM1	Vacant	
Your Email:	Redacted	RCM2	Bobette W	Redacted
Report Date:	10-8-23	Chair	Steve E	
Your Area	Grays Harbor	Vice Chair	Luanne	Redacted
# Home groups	8	H&I	Luanne	Redacted
		PI	TenaMarie B	Redacted
		Activities	Vi	
		Phone line	Matin D	Redacted
Regional Donation		Literature		
		Other		

Activities report

We have a Halloween free event on the 28th starts about 6pm at the American Legion hall at 112 W First street in Aberdeen.

New years eve dinner and dance. At the Emmanuel Baptist church at 1200 Soule Ave. Hoquiam, WA 98520. Starts at 6pm

Upcoming Events

Our area guidelines are being revised to better address the increasing costs of doing business, and area needs. The area inventory was good. We found some some things that we need to get better at, and are working on them.

As part of our guideline revisions we are combining PI and HI into one. We are getting a PI presence started in this area.

Area report

Our funds are being used to get the message out to the addict who still suffers by doing panels in deferent places in out area. We are looking into getting Trifolds into different facilities to help carry the message, and a couple of different H&I meetings. We are definitely making progress in post covid recovery.

I made some calls and talked to people and found that I made a mistake saying we were using our funds irresponsibly. We are using our money responsibly to carry the message to the addicts who need the help NA can provide.

Area concerns

Our phonenumber is doing well. We are getting 50 plus calls a month. They comment on how they like have a live person answer the phone.

Open sharing?



Greater Cascade Loop		Area Officers	Name	Email
Your Name:	Kristen M	RCM1	Kristen M	Redacted
Your Email:	Redacted	RCM2	Will M	Redacted
Report Date:	10-13-23	Chair	Mark E	Redacted
Your Area	Greater Cascade Loop	Vice Chair	Vacant	
Home groups	17	H&I	Alyssa D	Redacted
		PI	Ethan T	Redacted
		Activities	Phill W	Redacted
		Phone line	Will M	Redacted
Regional Donation	\$303.40	Literature		
		Other		

Activities report	

Upcoming Events	
Harvest Festival 10/28 @ 1-7PM Okanogan Grange Hall	

Area report	
Not much to report. We finally have most all subcommittee chairs filled. Literature just became open during our last ASC. We're updating some things on our newly revised guidelines.	

Area concerns	

Open sharing?	

Lower Columbia		Area Officers	Name	Email
Your Name:	Kevin L	RCM1	Kevin L	Redacted
Your Email:	Redacted	RCM2	Jeff G	Redacted
Report Date:	10/13/23	Chair	Eric B	
Your Area	Lower Columbia	Vice Chair	Jim A	
# Home groups	16	H&I	Logan H	
		PI	Jesse F	
		Activities	Mike S	
		Phone line		
Regional Donation	\$487.45	Literature	Crystal T	
		Other		

Activities report

All is well at LCANA, Recently held a H&I / PR learning day, went off real well.
 At last ASC some people stepped up & We actually have positions filled that have been vacant or had people who were helping out by continuing after term was up.
 Our RCM 1 left the donation check in his truck, which He did not drive here, So our Donation of 487.45 will be sent to the treasurer .
 In Loving Service, Kevin L

Upcoming Events

Will be having our annual Halloween bash on October 28th at Trinity lutheran church, corner of 20th Ave & Washington way, potluck starts at 5pm with Speaker at 7pm. Speaker will be Kevin K from La Pine Oregon.

Area report

Area concerns

Open sharing?

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Northern Idaho		Area Officers	Name	Email
Your Name:		RCM1		
Your Email:		RCM2		
Report Date:	NO REPORT	Chair		
Your Area		Vice Chair		
# Home groups		H&I		
		PI		
		Activities		
		Phone line		
Regional Donation		Literature		
		Other		

Activities report

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Upcoming Events

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Area report

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Area concerns

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Open sharing?

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North Olympic Peninsula		Area Officers	Name	Email
Your Name:	Chris H	RCM1	Chris H	
Your Email:		RCM2	Deidra D	
Report Date:	No report since 4/14/23	Chair	Judy R	
Your Area	North Olympic Peninsula	Vice Chair	David E	
# Home groups	14	H&I	Courtney D	
		PI	Courtney D	
		Activities	Bruce D	
		Phone line	Robert B	
Regional Donation		Literature	Jeff L	
		Other		

Activities report	
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Upcoming Events	
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Area report	
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Area concerns	
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Open sharing?	None
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Northeast Washington		Area Officers	Name	Email
Your Name:	John N	RCM1	John N	Redacted
Your Email:	Redacted	RCM2	Cheryl	
Report Date:	10-12-13	Chair	Patty A	
Your Area	Northeast Washington	Vice Chair	Vacant	
# Home groups	39	H&I	Sharyl B	Redacted
		PI	Zack F	Redacted
		Activities	Angie M	
		Phone line	Lark M	
Regional Donation		Literature	David R	
		Other		

Activities report

Upcoming Events

PRC Fundraiser- Central Grange Hall, 7001 E Bigelow Gulch Rd, Spokane, WA 99217
 October 28th, 5-11PM. Costume Contest, Chili Cook-off Speakers, Auction and Raffle. All proceeds go to fund literature for PRC for the next year.

Area report

We had our annual Learning Days event on Sept. 16th in Lewiston Idaho at Echo Hills Church
 Wonderful speakers, great food and fellowship!

Area concerns

Open sharing?

Northeast Oregon		Area Officers	Name	Email
Your Name:	Morgan R.	RCM1	Morgan R.	Redacted
Your Email:	Redacted	RCM2	Cami M.	Redacted
Report Date:	2023-01-14	Chair		
Your Area	Northeast Oregon	Vice Chair		
# Home groups	7	H&I		
		PI		
		Activities		
		Phone line		
Regional Donation	\$131.23	Literature		
		Other		

Activities report	

Upcoming Events	

Area report	

Area concerns	

Open sharing?	

NW Wa Service Committee		Area Officers	Name	Email
Your Name:		RCM1	Johnette W	
Your Email:		RCM2	Lani L	
Report Date:	2023-01-14	Chair	David F	
Your Area	NWSCNA	Vice Chair	Open	
# Home groups	24	H&I	Open	
		PI	Open	
		Activities	Open	
		Phone line	Open	
		Literature	Open	
		Other	GSR Mentor	AI P

Regional Donation

Activities report

Upcoming Events

Area report

Area concerns

Open sharing?

Pierce County		Area Officers	Name	Email
Your Name:	RIECE B	RCM1	RIECE B	RCM1@PCANA.ORG
Your Email:	RCM1@PCANA.ORG	RCM2	Leroy C	RCM2@PCANA.ORG
Report Date:	10-12-23	Chair	Eddie G	ACSCHAIR@PCANA.ORG
Your Area	Pierce County	Vice Chair	Elisha K	ascvchair@pcana.org
# Home groups	40	H&I	OPEN	
		PI	Open	
		Activities	Ken C	ACTCHAIR@PCANA.ORG
		Phone line	JEFF Z	PRHELPCO@PCANA.ORG
		Literature	Jeff Z	LITCOORD@PCANA.ORG
		Other		

Regional Donation:
\$1386.10

Activities report

Upcoming Events

10/28 BOO BASH
1602 MLK WAY TACOMA

11/23-24 GRATITUDE BANQUET/MARATHON MTS - LOCATION TBD

DEC 22 - 26 HOLIDAY MARATHON MTGS
LOCATION TBD

NEW YRS BASH - JOINT VENTURE W/ SKCNA
LOCATION TBD

WINTER WINNERS - FEB 10, 2024
MCGAVICK CONFERENCE CENTER
4500 STEILACOOM BLVD SW - LAKEWOOD

Area report

HI EVERYONE! PIERCE COUNTY AREA IS DOING WELL. WE'VE HAD A FEW COOL FUNDRAISING ACTIVITIES FOR WINTER WINNERS AND OF COURSE, LAKEFEST WAS A HUGE SUCCESS! THANKS TO ALL WHO SHOWED UP FOR THE FUN. WE ARE CONTINUING TO GROW OUR SERVICE BODY AND MENTORSHIP OF INDIVIDUALS INTO THE "NEXT" ROLE.

WE'VE HAD MANY SUCCESSFUL COMMITTEE AUDITS AND HAVE INCORPORATED THE TREASURER TRAINING AT THE HOME GROUP LEVEL.

OUR HYBRID ASC IS RUNNING SMOOTHLY AS WELL. WE ARE STILL ACTIVELY LOOKING FOR AN I.T. CHAIRPERSON - SO IF YA KNOW ANYONE YOU CAN SEND EM OUR WAY :)

WITH GRATITUDE TO BE OF SERVICE,
RIECE (& LEROY :)

Area concerns

Open sharing?

Seattle		Area Officers	Name	Email
Your Name:	Violet	RCM1	Violet D	rcm@seattlena.org
Your Email:	rcm@seattlena.org	RCM2	Mylene W	admin@seattlena.org
Report Date:	2023-10-14	Chair	Keith J	admin@seattlena.org
Your Area	Seattle	Vice Chair	Vacant	
# Home groups	92	H&I	Vacant	
		PI	Nicole	admin@seattlena.org
		Activities	Vacant	
		Phone line	Vacant	
		Literature	KK	litterature@seattlena.org
		Other		

Regional Donation
\$12776.76

Activities report

Activities Report
 Courage to Change Men's retreat cost \$125
 November 17 - 19 website for event is <http://spu.edu/depts/Casey/reservations/mapdirections.asp> You can go to Seattle NA website for further information.

Upcoming Events

Courage to Change Men's retreat cost \$125
 November 17 - 19 website for event is <http://spu.edu/depts/Casey/reservations/mapdirections.asp> You can go to Seattle NA website for further information.

Area report

Area Report
 This is an update on our previous report.
 Our Area is excited to have most of our positions filled. We are looking for a Vice-Chair and C and E representative.

Area concerns

Open sharing?

South King County		Area Officers	Name	Email
Your Name:	Shamus M	RCM1	Shamus M	rcm1@skcna.org
Your Email:	rcm1@skcna.org	RCM2	James L	raptorjam1@gmail.com
Report Date:	10-12-2023	Chair	Kayla S	kaylaseams@gmail.com
Your Area	South King County	Vice Chair	Will C	willaddict@gmail.com
# Home groups	30	H&I	Calvin	Colv86@live.com
		PI	Open	
		Activities	Brendon K	activities@skcna.org
		Phone line	Annette	
		Literature	Juan C.	litchair@skcna.org
		Other		

Regional Donation:
\$451.20

Activities report

Upcoming Events

Yahcna 39 - In the process of finding a new location There is a theme "Planting the seed" with logo contest due by Dec. 9th. Submissions to yahna.pnw@gmail.com

Boo Bash Oct. 28th at Victory Fellowship in Auburn

New Years Eve event in the planning that will be a joint event with SKC & Pierce County. Location & time sill to come. More will be revealed.

Area report

Happy to report that all admin positions have been filled except for PR Chair. ASC did start the Inventory process with Alt- Delegate Nancy F. It was voted on that communication was the biggest item members wanted to work on. Better communication between ASC members and what ASC does to support our Area and the homegroups. It was agreed to finish the inventory as another date to yet be determined.

Area concerns

Open sharing?

South Puget Sound		Area Officers	Name	Email
Your Name:	Mark O	RCM1	Mark O.	asc_rcm1@spsana.org
Your Email:	asc_rcm1@spsana.org	RCM2	Tim M	asc_rcm2@spsana.org
Report Date:	2023-01-14	Chair	Steve F	asc_chair@spsana.org
Your Area	South Puget Sound	Vice Chair	Open	asc_vicechair@spsana.org
# Home groups	30	H&I	Tiffany M	hi_chair@spsana.org
		PI	Kiefer H	pi_chair@spsana.org
		Activities	Shawnee M	asc_activities@spsana.org
		Phone line		pi_phoneline@spsana.org
Regional Donation	\$500	Literature	Jeannette M	asc_literature@spsana.org
		Other		

Activities report

Upcoming Events

Hallow clean Saturday October 28th at the American Legion Veterans Hall 210 W Franklin St Shelton WA.
 Children's games, raffle, costume and pumpkin carving contests, an auction, dinner speakers Sheryl D and Doug M and Karaoke
 WNIRCNA 39 May 3-5 @ Olympia Hotel 2300 Evergreen Park Dr Sw Olympia Wa.

Area report

We have recently had our elections and have filled most of the positions. Our Vice Chair position is still open. And our web coordinator position couldn't be filled because the nominated couldn't be present.
 We completed all area audits. Area, Campout, and Activities successfully.
 And I was able to attend the regional audit in Lacey and everything went pretty well!

Area concerns

Open sharing?

Southwest Washington		Area Officers	Name	Email
Your Name:	Brian B	RCM1	Brian B	rcm@swanaonline.org
Your Email:	rcm@swanaonline.org	RCM2	Brandy J	rcm2@swanaonline.org
Report Date:	2023-01-13	Chair	John r	
Your Area	Southwest Washington	Vice Chair	Vacant	
# Home groups	19	H&I	Scott	
		PI	Scott	
		Activities	Michelle	
		Phone line	Scott	
		Literature	Joe	
Regional Donation		Other		

Activities report

Activities is currently working on planing for new and schedules events in our area.

Upcoming Events

Upcoming activities, The Annual harvest October 28th in Vancouver. This event supports H&I in SWANA.

Area report

Area concerns

Open sharing?

"The" Lewis County		Area Officers	Name	Email
Your Name:	jerry	RCM1	jerry b	Redacted
Your Email:	Redacted	RCM2	Daniel C	Rcm2@tlcana.org
Report Date:	10/13/23	Chair	Chrystal Z	ascchair@tlcana.org
Your Area	The Lewis County	Vice Chair		ascvicechair@tlcana.org
# Home groups	13	H&I		asch&ichair@tlcana.org
		PI	Jim J	ascpichair@tlcana.org
		Activities	Derek S	activities@tlcana.org
		Phone line	Open	
Regional Donation		Literature	Open	
		Other		webservant@tlcana.org

Activities report	
<p>Recovering judging beans event with 5 dollar fee Mike s from lcana will be our speaker 2 pm on the 29th pennyplayground costume contest and raffle and auction dessert auction</p>	

Upcoming Events	
<p>Activities continue strong PI now has two presentations panels for two outpatients 2x month We are discussing for a literature committee</p>	

Area report	

Area concerns	

Open sharing?	

Tri Cities		Area Officers	Name	Email
Your Name:	Darrell A	RCM1	Darrell A	
Your Email:	Redacted	RCM2	Bryce H	
Report Date:	10-13-2023	Chair	Gary B	-
Your Area	Tri-Cities	Vice Chair	Margi S	-
# Home groups	29	H&I	Mike B	-
		PI	Nancy C	-
		Activities	Harmony	-
		Phone line	Open	-
Regional Donation		Literature	Doug	-
		Other		-

Activities report

Upcoming Events

We have our 12 hour 12-step coming up in November and learning days in November and our annual New Year's Eve dinner. We also have on October 14th a pumpkin carving and craft day plus on the 28th we have a spooky dance.

Area report

I did a verbal report last meeting in July but it shows that I did not make a report so hopefully this one shows that I do make one at our last area 25 out of the 29 groups were represented we are in need of a liaison for our upcoming wnrcna in 25. We also have a donation to send in once I get our PO box for region and that donation comes from our annual event summer sizzlers.

Area concerns

Open sharing?

West Puget Sound

		Area Officers	Name	Email
Your Name:	William C	RCM1	Bonner S	Redacted
Your Email:	Redacted	RCM2	William C	
Report Date:	10/12/23	Chair		chair@wspna.org
Your Area	West Puget Sound	Vice Chair		hichair@wpsna.org
# Home groups		H&I		hichair@wpsna.org
		PI		pichair@wpsna.org
		Activities		activitieschair@wpsna.org
Regional		Phone line		PhonelineChair@WPSNA.org
Donation		Literature		literaturechair@wpsna.org
		Other		webservant@wpsna.org

Activities report
<p>Activities Report</p> <p>SAT</p> <p>21</p> <p>October 21 @ 6:00 pm - 10:00 pm</p> <p>Strength in Numbers Bingo Fundraiser</p> <p>St. Paul's Church 700 Callahan Dr, Bremerton, WA, United States</p> <p>THU</p> <p>26</p> <p>October 26 @ 7:00 pm - 9:30 pm</p> <p>The Lighthouse Speaker Meeting and Potluck</p> <p>American Legion Post #30 615 Kendall Street, Port Orchard, United States</p> <p>FRI</p> <p>27</p> <p>October 27 @ 6:15 pm - 8:00 pm</p> <p>Serenity Seekers Potluck (Speaker Meeting)</p> <p>Holy Trinity Church 4215 Pine Rd NE, Bremerton, WA</p> <p>SAT</p> <p>28</p> <p>October 28 @ 5:30 pm - 7:30 pm</p> <p>5T Halloween Party (Costume Contest)</p> <p>5th Tradition Kingston 26242 Lindvog Rd NE, Kingston, WA, United States</p> <p>Prizes for best costumes!!</p> <p>SAT</p> <p>28</p> <p>October 28 @ 5:30 pm - 9:00 pm</p> <p>Halloween party 5T</p> <p>5T Bradley Center Kingston Wa 26292 lindvog rd N.E, Kingston, Washington</p> <p>Halloween party Saturday Oct 28th Bradley center 26292 lindvog rd N.E Kingston WA 98346 Setup @530 Food @6 meeting @730</p> <p>SAT</p> <p>28</p> <p>October 28 @ 6:00 pm - 8:00 pm</p> <p>Trunk or Treat (Brought to You by Men's Fellowship Retreat)</p> <p>Summit Ave Presbyterian Church 403 S Summit Ave, Bremerton, Washington, United States</p>

Upcoming Events

SAT

21

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St. Paul's Church 700 Callahan Dr, Bremerton, WA, United States

THU

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Upcoming Events

Area report

Being RCM2 has been a great service commitment. I have found value in the position as well as worth in myself. I believe in December I will be blessed with beginning my next service commitment as RCM1. I am looking forward to serving the West Puget Sound area at the regional level as RCM1 and believe that Bonner S. has been a great source of guidance and wisdom throughout my recovery and he has trained me well. Our area will find an RCM2 in the months to come.

Honestly when Bonner asked me to write the report, I had to ask him to give me some highlights. I am sure I can find continued support from him and you all here at region if the need should arise and I find comfort in knowing so. We are eachothers Ultimate Weapon.

West Puget Sound areas Guidelines have been updated and approved after 14 months of revision.

Many of our meetings have monthly Speaker/Potluck events that have all received good attendance. We have both local and

out of area speakers and those who come hungry leave with satisfied appetites.

Winter Women's Retreat had a fundraiser event planned that also received support from ours and surrounding areas that attended.

Our areas 5T meeting had a chili cook off with four awesome batches of chili. I only had five bowls myself. What a great evening that was.

Strength In Numbers Women's retreat had a Spiritual Breakfast that received great attendance as well. They will be having a Bingo Fundraiser on the 21st of October with many prizes including an opportunity to win tickets to watch the 49ers come to Seattle and smash the Seahawks....Should be a fun event.

5T will be having a costume contest and Halloween Party on the 28th of October and the Men's Fellowship Retreat will be having a Trunk or Treat on the 28th of October as well.

November will boast more events. speaker meetings, and potlucks. Check out our areas website for more information on events.

It is a pleasure to serve along side you all here at region.

Area concerns

Open sharing?

Seeking out the best way for an IDT workshop locally.